



Welcome to Maine's Accessible Outdoors!

Maine is a place everyone can enjoy. The Bureau of Parks and Lands welcomes all visitors to Maine's natural and cultural wonders. The Bureau is committed to making our state parks, historic sites and other public facilities accessible to people with disabilities and people with special needs.

Each state park or historic site in Maine is unique. Many park features are accessible to visitors with varying needs and abilities. In some parks, however, visitors may need the assistance of a member of their party to access certain features. Other parks have natural elements, such as steep trails or rocky beaches, that may be difficult for some people to use. In addition, weather and other conditions at parks and historic sites change often. The Bureau of Parks and Lands encourages visitors to contact parks and historic sites directly to discuss their individual needs and abilities with experienced staff.



Access Features

Maine's state parks and historic sites offer a number of accommodations for people with disabilities and people with special needs. Among the access features are:

- Reserved parking spaces
- Wheelchair ramps
- Beach wheelchairs
- Hardened surfaces on trails and walkways
- Accessible restrooms
- Roll-in showers
- Benches in showers and changing rooms
- TTY
- Easy-to-reach campsites

The Bureau of Parks and Lands is continuously improving state parks and historic sites to provide better access for everyone. Contact parks and historic sites directly to find out more about the access features at specific locations.

Service animals are welcome at state parks and historic sites in Maine.

A Guide to Accessibility

The Maine Bureau of Parks and Lands provides general guidance for people with disabilities and

people with special needs on the ease of access to state parks, historic sites, and other facilities.

Each park or historic site is rated for overall ease of access. Ratings are:

- ★ ★ ★ **Good access:** Most features of the area are accessible
- ★ ★ **Limited access:** Some features are accessible; other features may require assistance
- ★ **No access:** No features are accessible

In addition, the Bureau offers guidelines on the accessibility of specific features and amenities at parks and historic sites, such as parking, rest rooms, campsites, and beaches. These guidelines are designed primarily for people with mobility impairments.

The definitions for access features are:

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Accessible: Meets all standards of the Americans with Disabilities Act (ADA)

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Generally Accessible: Meets most ADA standards and has few barriers. Some visitors with disabilities may need some assistance

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Accessible with Assistance: Meets some ADA standards and has some barriers. Many visitors with disabilities will require assistance

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Somewhat Accessible: Meets few ADA standards and has significant barriers. Most visitors with disabilities will need assistance

■ ■ ■ ■ ■

Not accessible: Meets no ADA standards and has major barriers
Most people with disabilities, even with assistance, will be unable to access.

Access at State Parks and Historic Sites

TTY: For general information about all of the following areas: (207)287-2213

State Parks		
Aroostook State Park		★ ★ ★
Additional Information		Good access
Day Use		
Parking:	Accessible	■ ■ ■ ■ ■
Restrooms:	Accessible	■ ■ ■ ■ ■
Telephones:	Generally Accessible	■ ■ ■ ■ ■
Picnic tables:	Accessible	■ ■ ■ ■ ■
Main feature - Beach:	Accessible (access to beach is via boat launch parking lot)	■ ■ ■ ■ ■
Boat launch:	Somewhat Accessible	■ ■ ■ ■ ■
Overnight Use		
Check in:	Accessible	■ ■ ■ ■ ■
Campsites:	Accessible with Assistance (one site totally accessible with pathway to toilet building)	■ ■ ■ ■ ■
Restrooms:	Accessible (including accessible showers)	■ ■ ■ ■ ■
Kitchen Shelter:	Accessible	■ ■ ■ ■ ■

Bradbury Mountain State Park[Additional Information](#)

Limited access

Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - Trails around Mountain:	Not Accessible (trails are steep and uneven)	

Overnight Use

Check in:	Accessible	
Campsites:	Several are Accessible	
Restrooms:	Accessible	

Camden Hills State Park[Additional Information](#)

Limited access

Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Not Accessible (steep slopes)	
Main feature - Trails around Mountains and along Shore:	Not Accessible (but, without leaving a vehicle, excellent views of the harbor and coast can be enjoyed from the top of Mt. Battie)	

Overnight Use

Check in:	Accessible	
Campsites:	Accessible with Assistance (Lower campground recommended)	
Showers:	Accessible	
Telephones:	Accessible	

Cobscook Bay State Park[Additional Information](#)

Limited access

Day Use

Restrooms:	Accessible (restroom is in the shower building)	
Picnic tables:	Accessible	
Main feature - Bay Views:	Views are possible from vehicles	
Boat launch:	Not Accessible	

Overnight Use



Check in:	Accessible <i>NEW!</i>	
Campsites:	Accessible with Assistance	
Showers:	Accessible	

Crescent Beach State Park[Additional Information](#)

Good access

Day Use







Parking:	Accessible	
Restrooms:	Accessible	
Telephones:	Accessible (located at snack bar)	
Picnic tables:	Accessible	

Main feature - Beach:	Crescent Beach accessible and a beach wheelchair is available	
Showers:	Somewhat	

Damariscotta Lake State Park[Additional Information](#)

Limited access





Day Use

Parking:	Generally Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible (2 picnic sites)	
Picnic shelter:	Not Accessible	
Main feature - Beach:	Accessible with Assistance (assistance recommended for access to water)	
Boat launch:	Somewhat Accessible	

Ferry Beach State Park[Additional Information](#)

Limited access





Day Use

Parking:	Generally Accessible	
Restrooms:	Generally Accessible	
Picnic tables:	Generally Accessible	
Main feature - Beach:	Generally Accessible (beach is accessible with assistance)	

Grafton Notch State Park[Additional Information](#)

Limited access





Day Use

Parking:	Accessible (at Screw Auger Falls)	
Restrooms:	Accessible (at Screw Auger Falls)	
Picnic tables:	Accessible	
Main feature - Screw Auger Falls:	Accessible with Assistance (many sloped paths)	

Holbrook Island Sanctuary State Park[Additional Information](#)

Limited access










Day Use

Parking:	Somewhat Accessible	
Restrooms:	Not Accessible	
Picnic tables:	Somewhat Accessible (on mainland)	
Main feature - Trails, Beaches:	Somewhat Accessible (access to beaches on mainland and island requires assistance; boat required to island; dock to island not accessible.)	

Lake St. George State Park[Additional Information](#)

Limited access

Day Use







Parking:	Accessible	
Restrooms:	Accessible	
Telephones:	Accessible with Assistance	
Picnic tables:	Accessible	
Main feature - Beach:	Somewhat Accessible (stairs to water)	
Overnight Use		
Check in:	Accessible	
Campsites:	Somewhat Accessible	
Restrooms:	Somewhat Accessible	
Showers:	Not Accessible	

Lamoine State Park[Additional Information](#)




Limited access

Improvements to be made in 2002: will include new accessible campsite & playground

Day Use

Parking:	Accessible with Assistance	
Restrooms:	Not Accessible	
Telephones:	Accessible with Assistance (phone is available at entrance booth and will be accessible after improvements are made to the booth in 2002)	
Picnic tables:	Accessible with Assistance	
Main feature - Beach:	Accessible (access to beach is via boat launch parking lot)	
Boat launch:	Somewhat Accessible (beach and boat launch are not accessible; picnic sites are flat, but not to ADA standards yet)	

Overnight Use








Check in:	Accessible with Assistance (accessible by driving up to booth; improvements are planned for 2002)	
Campsites:	Accessible with Assistance (one site is accessible, but the path to the toilet/shower building is uneven)	
Restrooms:	Accessible (with accessible showers)	

Lily Bay State Park[Additional Information](#)


Limited access

Note: More improvement is underway for 2002

Day Use

Check in:	Accessible	
Parking:	Accessible	
Restrooms:	Accessible	
Telephones:	Accessible	
Picnic tables:	Accessible (located at main entry)	
Main feature - Dunn Point Beach:	Somewhat Accessible	
Boat launch:	Not Accessible	

Overnight Use

Campsites:	Accessible with Assistance (Rowell cove fully accessible with accessible pathway to accessible vault privy)	
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Restrooms:	Accessible with Assistance	<div><div></div><div></div><div></div></div>
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Moose Point State Park
[Additional Information](#)


Limited access

Day Use		
Parking:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible (one table is fully accessible)	<div><div></div><div></div><div></div><div></div></div>
Main feature - Beach and Picnic Area:	Somewhat Accessible (Beach is not accessible, pathway to overlook and interpretive area accessible)	<div><div></div><div></div></div>

Mt. Blue State Park
[Additional Information](#)


Limited access

Day Use		
Parking:	Accessible with Assistance	<div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Telephones:	Accessible (located at main park)	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
	Except for Trails, Accessible with Assistance - Center Hill has limited access, but has an accessible restroom and good views from the parking area; Webb Beach has an accessible restroom and picnic shelter and paths have been smoothed, but access to the water is limited; Hiking trails are not accessible	<div><div></div><div></div></div>

Overnight Use		
Check in:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Campsites:	Accessible (several campsites are accessible)	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible (including accessible showers)	<div><div></div><div></div><div></div><div></div></div>

Peacock Beach State Park
[Additional Information](#)


Limited access





Day Use		
Parking:	Accessible with Assistance	<div><div></div><div></div><div></div></div>
Restrooms:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Telephones:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Main feature - Beach:	Not Accessible	<div><div></div></div>

Peaks-Kenny State Park
[Additional Information](#)


Limited access

Day Use		
Parking:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible with Assistance	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible with Assistance	<div><div></div><div></div><div></div><div></div></div>
Main feature - Beach:	Accessible with Assistance (best access at east picnic area)	<div><div></div><div></div><div></div></div>





Overnight Use

Check in:	Accessible (parking at booth accessible, restroom at booth fully accessible)	
Campsites:	Accessible with Assistance (west camp area offers best access)	
Restrooms:	Generally Accessible	
Showers:	Somewhat Accessible	

Popham Beach State Park[Additional Information](#)

Good access





Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - West Beach:	Generally Accessible (a beach wheelchair is available on a first come, first served basis); Center Beach Group Area: Picnic tables are accessible but access to water is limited	

Quoddy Head State Park[Additional Information](#)

Limited access





Day Use

Parking:	Accessible (at lighthouse)	
Restrooms:	Not Accessible	
Picnic tables:	Somewhat Accessible	
Main feature - Trails:	Somewhat Accessible (Steep gravel and rocky slopes; beach is not accessible; lighthouse visitors center - accessible)	

Range Ponds State Park[Additional Information](#)

Good access







Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Accessible, including ramped access to the water	




Rangeley Lake State Park[Additional Information](#)

Limited access

Day Use

Parking:	Accessible with Assistance	
Restrooms:	Accessible	
Telephones:	Somewhat Accessible	
Picnic tables:	Accessible with Assistance	
Main feature - Beach:	Somewhat Accessible (Access to water requires assistance)	
Boat launch:	Not Accessible	






Overnight Use

Check in:	Generally Accessible	
Campsites:	Accessible	
Restrooms:	Accessible (including showers)	

Reid State Park[Additional Information](#)

Limited access





Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Telephones:	Accessible	
Picnic tables:	Generally Accessible	
Main feature - Beaches:	Griffith Head and Todd Point are generally accessible except for full access to the water	

Roque Bluffs State Park[Additional Information](#)

Good access







Day Use

Parking:	Accessible	
Restrooms:	Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Accessible deck overlooks Englishman's Bay but direct to beach is down some steps; paved path from parking area to deck	






Sebago Lake State Park[Additional Information](#)

Limited access

Day Use

Parking:	Accessible with Assistance	
Restrooms:	Somewhat Accessible (Not Accessible at boat launch and Songo Lock; Accessible at amphitheater; showers Not Accessible)	
Telephones:	Generally Accessible (Best access at beaches)	
Picnic tables:	Accessible with Assistance	
Main feature - Beach:	Accessible with Assistance	
Boat launch:	Not Accessible	




Overnight Use

Check in:	Generally Accessible	
Campsites:	Accessible	
Restrooms:	Accessible	
Kitchen Shelter:	Accessible	
Main features - Beaches:	Accessible with Assistance (Access to water at Witch Cove and Naples Beach requires assistance)	

Shackford Head State Park[Additional Information](#)

No access





Day Use

Parking:	Somewhat Accessible	
Restrooms:	Somewhat Accessible	
Main feature - Trails:	Not Accessible (Wood trails to overlook; steep paths)	

Swan Lake State Park[Additional Information](#)

Limited access





Day Use

Parking:	Accessible with Assistance	
Restrooms:	Generally Accessible	
Picnic tables:	Accessible	
Main feature - Beach:	Generally Accessible (Easy access to beach, but water entry requires assistance. Access to group picnic shelter requires assistance)	

Two Lights State Park[Additional Information](#)

Limited access






Day Use

Parking:	Accessible with Assistance	
Restrooms:	Somewhat Accessible (Steps to rest room building)	
Picnic tables:	Accessible with Assistance	
Main feature - Shorefront and Beach:	Accessible with Assistance (Beach is not accessible; access to group picnic area requires vehicle)	

Vaughan Woods Memorial State Park[Additional Information](#)

Limited access




Day Use

Parking:	Generally Accessible	
Restrooms:	Somewhat Accessible	
Telephones:	Generally Accessible	
Picnic tables:	Generally Accessible	
Main feature - Trails:	Not Accessible (Steeps trails through woods to river)	



Warren Island State Park[Additional Information](#)

No access

Day Use

Restrooms:	Somewhat Accessible	
Picnic tables:	Somewhat Accessible	
Main feature - Island and Beach:	Island and Beach: Off-shore island - Not Accessible (Boat access to island required; beach Not Accessible)	

Overnight Use

Campsites:	Not Accessible	
Restrooms:	Not Accessible	

Wolfe's Neck State Park

[Additional Information](#)



Good access

Day Use		
Parking:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Main feature - Trails and Shorefront:	Accessible loop to shore	<div><div></div><div></div><div></div><div></div><div></div></div>
Shelter	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>

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State Historic Sites

Colonial Pemaquid State Historic Site

[Additional Information](#)



Limited access

Day Use		
Parking:	Somewhat Accessible (steep slopes to museum and historic foundations; not accessible at boat launch)	<div><div></div><div></div></div>
Restrooms:	Accessible at museum and Fort House	<div><div></div><div></div><div></div><div></div><div></div></div>
Telephones:	Accessible with Assistance (at restaurant)	<div><div></div><div></div><div></div></div>
Main feature - Museum, Historic foundations, Fort William Henry, Fort House, and Restaurant:	Museum and Fort House are accessible; some steep slopes around foundations make this area accessible with assistance; Fort William Henry tower is somewhat accessible with an interior ramp at first level; restaurant is accessible	<div><div></div><div></div><div></div><div></div><div></div></div>

Eagle Island State Historic Site

[Additional Information](#)



No access
(off-shore island)

Day Use		
Gangway and pier:	Not accessible (gangway to pier has not steps, but is very steep at low tide)	<div><div></div></div>
Restroom:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Main feature - Historic house and Trails:	Not Accessible (historic house has a steep ramp)	<div><div></div></div>

Fort Edgecomb State Historic Site

[Additional Information](#)



Limited access

Day Use		
Parking:	Generally Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Picnic Tables:	Generally Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Main feature - Blockhouse and Earthworks:	Not Accessible (rough steps and steep paths)	<div><div></div></div>

Fort Halifax State Historic Site

[Additional Information](#)



No access

Day Use		
Parking:	Accessible with Assistance	<div><div></div><div></div><div></div></div>
Main feature - Blockhouse:	Somewhat Accessible (steps into blockhouse, access requires assistance)	<div><div></div><div></div></div>

Fort Kent State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible with Assistance (located at information center/gift shop)	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible with Assistance	<div><div></div><div></div><div></div></div>
Main feature - Blockhouse:	Somewhat Accessible (steps into blockhouse, access requires assistance)	<div><div></div><div></div></div>

Fort Knox State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Somewhat Accessible	<div><div></div><div></div></div>
Main feature - Fort and Visitors Center:	Entrance to main fort structure is up a steep ramp; main fort building and grounds have steep slopes and steps throughout; visitors center is accessible)	<div><div></div><div></div><div></div><div></div><div></div></div>

Fort McClary State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Restrooms:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Generally Accessible	<div><div></div><div></div><div></div><div></div></div>
Main feature - Blockhouse and Fort Grounds::	Not Accessible (blockhouse entrance is up many steps; fort grounds have multiple levels and steep paths, but some areas can be fairly easily reached from the parking lot)	<div><div></div><div></div></div>

Fort O'Brien State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Somewhat Accessible	<div><div></div><div></div></div>
Main feature - Fort Grounds:	Somewhat Accessible	<div><div></div><div></div></div>

Fort Point State Park
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Somewhat Accessible	<div><div></div><div></div></div>

Restrooms:	Somewhat Accessible	<div><div></div><div></div></div>
Picnic tables:	Somewhat Accessible	<div><div></div><div></div></div>
Main feature - Beach, Lighthouse Grounds, Site of Fort Pownall:	Somewhat Accessible	<div><div></div><div></div></div>

Fort Popham State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Restrooms:	Not Accessible	<div><div></div><div></div><div></div><div></div><div></div></div>
Picnic tables:	Accessible with Assistance	<div><div></div><div></div><div></div><div></div><div></div></div>
Main feature - Fort and Grounds:	Accessible on ground level; second level of fort not accessible	<div><div></div><div></div><div></div><div></div><div></div></div>

Katahdin Iron Works State Historic Site
[Additional Information](#)

★ ★

Limited access

Day Use		
Parking:	Somewhat Accessible	<div><div></div><div></div></div>
Main feature - Kiln and Furnace:	Somewhat Accessible (paths around site are uneven)	<div><div></div><div></div></div>